

TEFAF NEW YORK HIGHLIGHT: POWER, PROPHECY, AND THE LEGACY OF THUTMOSE IV

PUBLISHED 23/04/2026



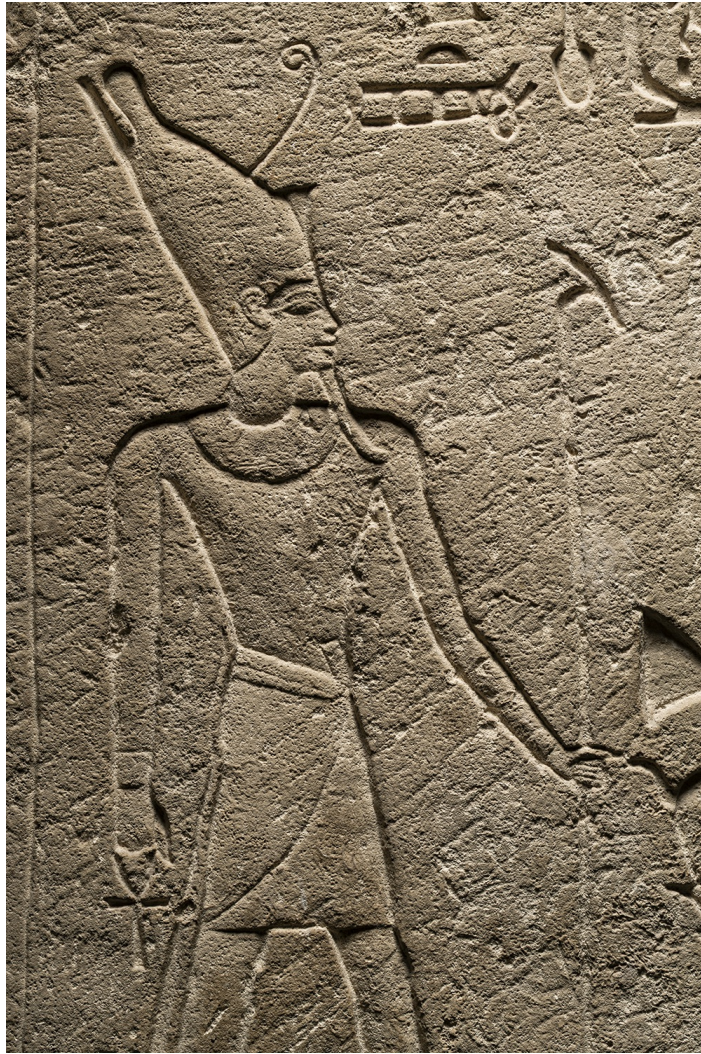
At the 2026 edition of [TEFAF New York](#), [David Aaron](#) will present an [Egyptian limestone stele](#), dating to around 1400 B.C., depicting Pharaoh Thutmose IV, the eighth pharaoh of the 18th Dynasty. Thutmose IV's path to his position as ruler was an unconventional one, so too, the *Stele of Thutmose IV* has undertaken an unusual journey to get to TEFAF.

A King in stone

Wearing the double crown of Upper and Lower Egypt, Thutmose IV stands confidently, holding the ankh, a symbol of life, and the was sceptre, a symbol of power. Opposite him, an offering bearer extends plants in reverence.

Above the scene, hieroglyphs assert identity and legitimacy, displaying the king's prenomen (throne name), Menkkheperure, in a cartouche. Crowning the scene, a winged sun disc stretches protectively over the composition.

The remarkably well-preserved stele is rich in royal iconography and religious meaning, acting as a devotional monument to assert the pharaoh's legitimacy and close relationship with the gods.



Stele of Thutmose IV, C. 1401-1391 B.C., Image: David Brunetti



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The dream that made a pharaoh

Thutmose IV was not the chosen successor of his father, Amenhotep II. His solution? A narrative of divine destiny.

Thutmose IV is most famous for restoring the [Great Sphinx of Giza](#) and creating the Dream Stele, a substantial stele that was placed between the paws of the Great Sphinx, where it remains to this day. The story told by the Dream Stele explains that while hunting as a young prince, Thutmose fell asleep in the monument's shadow. The Sphinx then appeared in his dream, promising him the crown if he cleared the desert sands that were burying the monument. Thutmose IV proceeded to clear the Sphinx of sand and subsequently ascended the throne.

Late 19th century photograph - Pyramid and Sphinx, Egypt.

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Dream Stele, © Mark Bussell/Providence Pictures

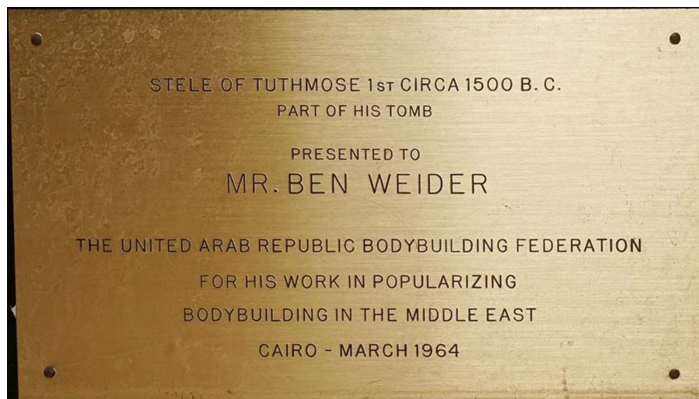
Building peace and monuments

Despite his dramatic rise to power, Thutmose IV's reign was defined by stability. He was a master diplomat, securing a historic peace treaty with the Mitanni empire by marrying a Mitannian princess.

He also left his mark architecturally. At the vast temple complex of [Temple of Karnak](#), Thutmose completed a towering obelisk—the largest ever erected in Egypt. He also constructed a unique chapel and peristyle building on the eastern walls of the main Karnak temple building as a space for the public to pray to the god Amun.

From Cairo to Canada: An unusual journey

The stele to be presented at TEFAF has a provenance as colourful as its subject. In 1964, it was presented to Ben Weider - the co-founder of the [International Federation of BodyBuilders](#) and a pioneering figure of the sport - by the United Arab Republic of Bodybuilding Federation in recognition of his 'work in popularising bodybuilding in the Middle East'.



Plaque presented to Ben Weider by the United Arab Republic of Bodybuilding Federation

The stele remained in Weider's collection, displayed in his Montreal office, for decades, and will be displayed in New York with the original presentation plaque.

Driven by a passion for sport and history

Weider rose to prominence alongside his brother Joe, building a fitness and publishing empire which led to the establishment of the [Mr Olympia](#) bodybuilding competition, and lobbying for the sport to be recognised as professional.

Bodybuilding was propelled further into the spotlight in 1968, when Weider brought the then-unknown Austrian bodybuilder [Arnold Schwarzenegger](#) to the United States to compete in Mr Olympia, casting both Schwarzenegger and the competition into the limelight.

Weider was passionate about history and culture and was well known as a Napoleonic historian, publishing books on the subject. He was also an admirer of Egyptian culture, visiting the country on his first international trip in 1948.

The achievements of Weider and his brother were the subject of a 2018 biopic, *Bigger*, which dramatised the brother's story.



Ben Weider



Arnold Schwarzenegger and Ben Weider

The stele endures as a symbol of divine kingship that survived thousands of years of history.

The *Stele of Thutmose IV* will be presented alongside pieces spanning Bronze Age British, Classical Greek and Roman history at David Aaron's TEFAF New York stand, number 212, from 15-19 May.



Stele of Thutmose IV, C. 1401-1391 B.C., Image: David Brunetti